


|  | | <h1 style="text-align: center;">FUN AQUA</h1> | | Katrien Lemahieu |
|---|--|---|-----------------------------|------------------|
| counts | movement legs | movement arms | extra | |
| BLOK A | | | | |
| 1 2 | kick right leg | straight left arm | | |
| 3 4 | kick left leg | straight right arm | | |
| 5 6 | kick right leg | straight left arm | "corner" | |
| 7 8 | bring right leg to the right side | arms side to side | | |
| 1 2 3 4 5 6 7 8 | repeat first 8 in symmetry | | | |
| 1 2 | kick right leg | straight left arm | "corner" | |
| 3 4 | bring right leg to the right side | arms side to side | | |
| 5 6 7 8 | repeat these 4c with left leg | | | |
| 1 2 3 4 5 6 7 8 | kick right leg front back front and back | opposite arms | halfturn right on 8th count | |
| 4 x 8 | repeat last 32c in symmetry | | | |
| CHORUS LINE | | | | |
| 1 2 3 4 5 6 7 8 | 2x rocking horse right leg leading | back pull, thumbs up | | |
| 1 2 3 4 5 6 7 8 | kick left leg 4 times | push both arms | bring left leg to the front | |
| 1 2 3 4 5 6 7 8 | repeat rocking horse with left leg | | | |
| 1 2 3 4 5 6 7 8 | repeat kick leg, now right | | | |
| 1 2 3 4 5 6 | 3 times ski, right leg first front | arms opposite | "ski" | |
| 7 8 | jump to basic squad | arms side to side | | |
| 1 2 3 4 | jinga to the left, right leg behind | circle right arm | "jinga" | |
| 5 6 7 8 | symmetric jinga | | | |
| 1 2 3 4 5 6 7 8 | repeat skis with left front | | | |
| 1 2 3 4 5 6 7 8 | repeat jingas, start to the right | | | |
| BLOK B | | | | |
| 1 2 | bring right leg in front to lunge position | bring arms to left | "twist" | |
| 3 4 | twist to the left, 1/2 turn | pull water | | |
| 5 6 | twist back to the front | push water back | | |
| 7 8 | bring left knee up | bring arms back | | |
| 1 2 3 4 5 6 7 8 | repeat symmetric twist | | | |
| 1 2 3 4 | put right leg front and back to basic | open & close | "front & back" | |
| 5 6 7 8 | put left leg back and back to basis | | | |
| 1 2 3 4 5 6 7 8 | repeat last 8 counts and make 1/2 turn | | | |
| 4 x 8 | repeat last 32 counts in symmetry | | | |

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| CHORUS LINE | | | | |
| 1 2 3 4 5 6 7 8 | 2x rocking horse right leg leading | | back pull, thumbs up | |
| 1 2 3 4 5 6 7 8 | kick left leg 4 times | | push both arms | bring left leg to the front |
| 1 2 3 4 5 6 7 8 | repeat rocking horse with left leg | | | |
| 1 2 3 4 5 6 7 8 | repeat kick leg, now right | | | |
| 1 2 3 4 5 6 | 3 times ski, right leg first front | | arms opposite | "ski" |
| 7 8 | jump to basic squad | | arms side to side | |
| 1 2 3 4 | jinga to the left, right leg behind | | circle right arm | "jinga" |
| 5 6 7 8 | symmetric jinga | | | |
| 1 2 3 4 5 6 7 8 | repeat skis with left front | | | |
| 1 2 3 4 5 6 7 8 | repeat jingas, start to the right | | | |
| BLOK C | | | | |
| 1 2 | straight right leg to the right side | | straight arms left | "side" |
| 3 4 | bring left knee up | | bring arms down | "knee" |
| 5 6 | bring left leg with cross over right | | cross arms | |
| 7 8 | jump to basic | | arms side to side | |
| 1 2 | jump to close legs | | cross arms | "jack" |
| 3 4 | jump to basic | | arms side to side | "jump" |
| 5 6 7 8 | level 3, Mc-Donalds close legs | | hands sculling | "Mac" |
| 1 2 | side step to the left, go backwards | | arms front | |
| 3 4 | bring right foot to left cheek back | | arms back | |
| 5 6 | side step to the right, go backwards | | repeat front back arms | |
| 7 8 | bring left foot to the right cheek back | | | |
| 1 2 | side step to the left, go backwards | | | |
| 3 4 | bring right foot to left cheek back | | | |
| 5 6 | tap right foot to the right | | | |
| 7 8 | bring right knee up | | | |
| 4 x 8 | repeat last 32 counts in symmetry | | | |
| CHORUS LINE | | | | |
| 1 2 3 4 5 6 7 8 | 2x rocking horse right leg leading | | back pull, thumbs up | |
| 1 2 3 4 5 6 7 8 | kick left leg 4 times | | push both arms | bring left leg to the front |
| 1 2 3 4 5 6 7 8 | repeat rocking horse with left leg | | | |
| 1 2 3 4 5 6 7 8 | repeat kick leg, now right | | | |
| 1 2 3 4 5 6 | 3 times ski, right leg first front | | arms opposite | "ski" |
| 7 8 | jump to basic squad | | arms side to side | |
| 1 2 3 4 | jinga to the left, right leg behind | | circle right arm | "jinga" |
| 5 6 7 8 | symmetric jinga | | | |
| 1 2 3 4 5 6 7 8 | repeat skis with left front | | | |
| 1 2 3 4 5 6 7 8 | repeat jingas, start to the right | | | |